



Scan/click to watch the video

Medically-retired and bird-breeding Ray enjoys freedom to sit and stand independently thanks to his pioneering SitnStand



Ray Burr, 64 from Chestnut in Hertfordshire, is the latest individual to discover the unique benefits of the revolutionary SitnStand assistive solution.

Ray is a medically-retired maintenance engineer who enjoyed a career working in paper mills and dairy production. Alongside his wife Janet he breeds exotic birds and is a passionate owner of beautiful Koi Carp fish.

Due to increasing health issues Ray was forced to stop working and now lives with several conditions including neuropathy, diabetes and arthritis. In addition he has a severe right knee problem which causes the joint to 'give way' unexpectedly resulting in falls and injury. Getting in and out of a chair is one action that has been causing Ray to stumble and fall – hence his use of the pioneering SitnStand.

Exclusively launched in the UK, SitnStand is a portable device that provides safer sitting and standing for individuals with restricted mobility. It is a simple yet highly effective solution that incorporates air driven inflation and advanced technology – delivering an elevating level seat pad suitable for all types of chair, in any situation or location. This ensures users, such as Ray, can sit down and stand up more easily at home and when outdoors.

There is no other lightweight solution available on the market that can be transported and used outside of the home in locations such as restaurants, hotels and caravans. At home the SitnStand allows individuals to use sofas and dining chairs without the worry of losing independence. It eliminates the need for assistance from carers or relatives who benefit from reduced risk of back injury. Endorsed by the highly respected Occupational Therapist, Kate Sheehan, the SitnStand represents a 'step-change' in personal mobility.

Ray's SitnStand is now an essential solution for his daily life as he explains:

“As I never know when my knee might fail resulting in a possible fall, I need extra reassurance getting out of a chair, SitnStand gives me this”



“I am unfortunately experiencing regular falls mainly due to my knee. I am hoping for an operation soon to replace the joint however I have to get my other health conditions under control first. My SitnStand is really helping me while I wait for my op. I can stand up on my own from any seat in my house whether that’s our low sofa, a dining room chair or patio furniture. It’s light to carry around when I am using my sticks and easy to operate, I can even use it watch and feed my fish. My mum used to have an electric riser chair however she got confused with all the buttons, SitnStand only has two – up and down. As I never know when my knee might fail resulting in a possible fall, I need extra reassurance getting out of a chair, SitnStand gives me this.”

“I’m not going out on my own currently however I can definitely see how the product would give independence. We just returned from a caravanning holiday before I got the SitnStand which was a shame, it would have been a massive help then. I’ll definitely be taking it away with me next year when we holiday in a caravan.”

If not visiting his daughter or at the hospital, Ray spends most days at home alone as his wife works at a local Secondary School. This is a concern for the whole family as Ray can fall at any point and hence remains downstairs throughout the day. Nevertheless the SitnStand means Ray can sit down and stand up on his own which is a major



benefit as his daughter Clare explains: “As soon as I saw the SitnStand I immediately knew it would assist my Dad. He has been trialling the SitnStand in his home and found it to be very helpful, especially on those days when his back and knee are particularly sore. It is also reassuring for Mum when we aren’t with him, as she knows he is able to get up from a seat without injuring himself or falling over.”

Clare is an award-winning blogger who independently reviews products for many leading manufacturers. She appreciates how the SitnStand will help a wide range of people: “This very clever device ticks all the boxes for independence and will help to bring back inclusion for many – I can see this being used everywhere. SitnStand will help to stop elderly people or those with limited movement feeling trapped in their own homes. It removes the need for someone to help them stand up and could even be used in care homes and hospitals. Plus the need for special assistive adaptations in your home could be removed. SitnStand has really helped Dad while he is awaiting his knee replacement operation.”

Ray has always been an active man and finds his current restricted mobility frustrating, especially when spending time with his grandchildren. The SitnStand however has reduced his risk of injury and delivered more flexibility around the

home without the need to keep asking for assistance when standing.

Ray concludes: “My SitnStand has given me more confidence and thank goodness my wife Janet doesn’t have to haul me out of chairs anymore, saving her back. As there is less strain on my knee when standing up or sitting down I am less likely to stumble or fall which is fantastic. I don’t want to be a Granddad that needs help all the time and it’s not nice for the Grand kids to see Granddad wobbling. They think my SitnStand is great fun and I’m so appreciative that my daughter discovered it. I’d recommend SitnStand to everyone in a similar situation to me.”

“SitnStand has inspired Occupational Therapists, as its innovation and design has led to a product that fits well with the ethos of Occupational Therapy. Due to its portability, it opens up a whole world of activities that clients want to do in their home, community and whilst travelling, therefore promoting health and well-being.”

Kate Sheehan

Occupational Therapist and Director of The OT Service

SitnStand is available through selected dealers in the UK which can be found at: www.sitnstand.com

Life Assistant Limited, 1 Wheler Road, Coventry, CV3 4LB
+44(0)203 808 8224 info@sitnstand.com www.sitnstand.com

